

May 2026 to April 2027

This guide lists activities and events that Aspect Housing residents may be able to take part in.

Please speak to your support worker if you are interested.

Dates, times and venues may change.

Quick list of key events

Date	Event
June 2026	Resident and SEA Providers' Anti-Social Behaviour Pledge
4 July 2026	Birmingham Disability Festival participation
July 2026	Smart Works one-to-one employability and empowerment sessions for female residents
September 2026	Wellbeing Addiction Event leading up to World Mental Health Day
7 October 2026	King's Trust Job Fair
9 October 2026	Cranstoun's World Homeless Awareness Day
3 November 2026	Women's Health Event, Cambridge Road Methodist Church, 10.00am to 1.30pm
11 November 2026	Muath Trust Community Marketplace Event, 10.30am to 1.00pm
17 November 2026	International Men's Day wellbeing event, Brandwood Centre

Month-by-month activities

May 2026

Theme	Mental wellbeing, coping skills and everyday learning
What is happening	• Residents' Newsletter issued on 1 May 2026. • Moving-On and Independence Reviews start on 11 May 2026 and continue until 10 July 2026. • Employability and Career Guidance Week starts on Tuesday 5 May 2026. • Kings Heath Jobcentre Plus Mental Health Awareness Event on 19 May 2026. • Resident of the Month May to June cycle continues, closing on Friday 3 July 2026. • Resident wellbeing booklet shared for Mental Health Awareness Week. • Ways for Wellbeing UK CIC engagement pilot is prepared for June 2026.
Awareness dates	• National Walking Month. • Mental Health Awareness Week: 11 to 17 May 2026.



June 2026

Theme	Anti-social behaviour, community living and responsibilities
What is happening	• Residents' Newsletter issued on 1 June 2026. • Residents' Cookery Competition continues and closes on Friday 3 July 2026. • Resident coffee session on Friday 19 June 2026, 12.00pm to 1.30pm, at Coffee#1, Moseley, Birmingham. • Ways for Wellbeing one-to-one sessions on 16 June, 24 June and 30 June 2026. • Digital inclusion support session linked to Birmingham Device Bank on 23 June 2026. • Resident and SEA Providers' Anti-Social Behaviour Pledge starts on Monday 22 June 2026 and runs for two weeks. • Change Ahead CIC free SIM card support continues from March to June 2026. • ASB awareness discussions with residents about shared living, visitors, property expectations and neighbourhood impact. • Basic ICT and digital access support for residents. • Moving-On and Independence Reviews continue until 10 July 2026.
Awareness dates	• Healthy Eating Week: 10 to 14 June 2026. • Pride Month. • Men's Health Week: 15 to 21 June 2026. • The Great Get Together: 19 to 21 June 2026. • Refugee Week: 15 to 21 June 2026. • Loneliness Awareness Week: 15 to 19 June 2026. • ASB Awareness Week: 29 June to 5 July 2026.



July 2026

Theme	Health, recovery and maintaining stability
What is happening	• Residents' Newsletter issued on 1 July 2026. • Best Resident's Room Competition entries open on 1 July 2026. • Birmingham Disability Festival participation on 4 July 2026. • Refugee Football and Community Cohesion PR Activity on 7 July 2026. • Ways for Wellbeing one-to-one sessions on 8 July, 14 July and 22 July 2026. • Resident of the Month and Cookery Competition awards on Friday 10 July 2026. • Resident of the Month July to August cycle runs from 10 July to 14 August 2026. • Smart Works one-to-one employability and empowerment sessions for female residents during July 2026. • Partner Agency Meeting on 15 July 2026. • Resident cinema visit on Wednesday 29 July 2026 at Odeon Cinema New Street. Vouchers available between 11.00am and 12.00pm. • One-off on-site resident movie event to be arranged in late July or early August 2026. • Moving-On and Independence Reviews continue until 10 July 2026.
Awareness dates	• Alcohol Awareness Week: 6 to 12 July 2026. • Day of Memory for Honour Based Abuse: 14 July 2026. • Loneliness Awareness Week linked to resident social connection activity.



August 2026

Theme	Employability, job searching and lifelong learning
What is happening	• Residents' Newsletter issued on 1 August 2026. • One-off on-site resident movie event, if scheduled for early August 2026. • Resident of the Month July to August cycle continues until 14 August 2026. • Employability, job searching and lifelong learning support through keywork and support planning. • Training, CV and job application support for residents with employment goals. • Ways for Wellbeing pilot review report completed by the end of August 2026. • Feedback reviewed from the cinema visit and any on-site movie event.



September 2026

Theme	Wellbeing, money awareness and life skills
What is happening	• Residents' Newsletter issued on 1 September 2026. • Resident of the Month September to October cycle starts on 4 September 2026. • Partner Agency Meeting on 9 September 2026. • Employability and Career Guidance Week starts on Monday 14 September 2026. • Wellbeing Addiction Event leading up to World Mental Health Day, ahead of 10 October 2026. • Residents who may need addiction, wellbeing or mental health support are signposted before the event. • Change Ahead pilot activities conclude.
Awareness dates	• Supported Housing Starts at Home campaign. • World Suicide Prevention Day: 10 September 2026. • National Fitness Day: 18 September 2026.



October 2026

Theme	Housing awareness, rights, independence and moving on
What is happening	• Residents' Newsletter issued on 1 October 2026. • Residents' Progression Reviews run from 5 October to 4 December 2026. • Residents' Cookery Competition during October 2026. • King's Trust Job Fair on 7 October 2026. • Cranstoun's World Homeless Awareness Day on 9 October 2026. • DWP World Mental Health Day promotional stall during October 2026. • DWP Domestic Abuse Awareness Month promotional stall during October 2026. • Resident of the Month September to October cycle continues until 16 October 2026. • Support Workers' multi-agency marketplace event during October 2026. • Moving-on planning, housing readiness discussions and practical independence support. • Domestic abuse awareness signposting and safety information.
Awareness dates	• Black History Month. • Stoptober. • Domestic Abuse Awareness Month. • World Homeless Day: 10 October 2026. • World Mental Health Day: 10 October 2026.



November 2026

Theme	Financial skills, safety and preparation
What is happening	• Residents' Newsletter issued on 1 November 2026. • Resident of the Year nominations open on 1 November 2026. • Women's Health Event at Cambridge Road Methodist Church on Tuesday 3 November 2026, 10.00am to 1.30pm. • Resident of the Month November to December cycle runs from 9 November to 11 December 2026. • Muath Trust Community Marketplace Event on Wednesday 11 November 2026, 10.30am to 1.00pm. • International Men's Day wellbeing event at Brandwood Centre on 17 November 2026. • Residents' Progression Reviews continue during November 2026. • Financial skills and planning project for residents. • Wellbeing and safety awareness support through resident keywork. • Inter Faith Week inclusion activity.
Awareness dates	• Supporting Male Victims of Domestic Abuse Day: 2 November 2026. • Talk Money Week: 2 to 6 November 2026. • Inter Faith Week: 11 to 18 November 2026. • UK Malnutrition Awareness Week: mid-November 2026. • International Men's Day: 19 November 2026.



December 2026

Theme	Reflection, wellbeing and planning ahead
What is happening	• Residents' Newsletter issued on 1 December 2026. • Residents' Progression Reviews continue until 4 December 2026. • Partner Agency Meeting during December 2026. • Resident of the Month November to December cycle continues until 11 December 2026. • Resident of the Year Awards delivered alongside the annual staff awards event. • Reflection and planning-ahead support discussions with residents. • Recognition of resident achievement and positive engagement.



January 2027

Theme	Stability, wellbeing and financial resilience
What is happening	• Residents' Newsletter issued on 1 January 2027. • Resident stability and wellbeing support through keywork. • Financial resilience theme promoted through support planning. • Tenancy sustainment and risk review activity.
Awareness dates	• Dry January.



February 2027

Theme	Personal safety, healthy relationships and emotional wellbeing
What is happening	• Residents' Newsletter issued on 1 February 2027. • Healthy relationships and personal safety awareness through resident engagement. • Emotional wellbeing discussion prompts for support workers. • Signposting for residents who need specialist advice or support.
Awareness dates	• Time to Talk Day: 2027 date to be confirmed. • Sexual Abuse and Sexual Violence Awareness Week: 2 to 8 February 2027.



March 2027

Theme	Employability, job searching and lifelong learning
What is happening	• Residents' Newsletter issued on 1 March 2027. • Partner Agency Meeting during March 2027. • International Women's Day Event. • Employability and Career Guidance Week starts on Monday 1 March 2027. • CV, job application and training support. • Debt awareness and financial stability signposting through support planning. • No More Week safety awareness activity.
Awareness dates	• No More Week: 2 to 8 March 2027. • International Women's Day: 8 March 2027. • Debt Awareness Week: 15 to 21 March 2027.



April 2027

Theme	Resident voice, rights and equality
What is happening	• Residents' Newsletter issued on 1 April 2027. • Resident voice and feedback activity. • Residents' Charter of Rights information and discussion. • Equality, accessible information and inclusion-focused engagement. • Stress Awareness Month wellbeing activity.
Awareness dates	• Stress Awareness Month.

Please speak to your support worker for more information.

