# Aspect Housing

## Resident & Partnership Activities Calendar

### May 2026 to April 2027

**About this calendar**

A simple guide to planned resident activities, awareness events and partnership opportunities. It can support staff planning, resident engagement and partnership working.

**Please note**

Dates and activities may change during the year.

# Monthly overview

### How to use this page

Use this overview to see the main theme and key activities for each month.

| Month | Theme | Key activities |
|---|---|---|
| **May 2026** | Mental wellbeing, coping skills and everyday learning | Residents' Newsletter shared.; Employability and Career Guidance Week.; Moving-On and Independence Reviews. |
| **June 2026** | Anti-social behaviour, community living and responsibilities | Residents' Newsletter shared.; Residents' Cookery Competition.; Healthy Eating Week. |
| **July 2026** | Health, recovery and maintaining stability | Residents' Newsletter shared.; Best Resident's Room Competition entries open.; Birmingham Disability Festival participation. |
| **August 2026** | Employability, job searching and lifelong learning | Residents' Newsletter shared.; Resident of the Month cycle continues.; SEA topic-themed competition. |
| **September 2026** | Wellbeing, financial awareness and life skills | Residents' Newsletter shared.; Resident of the Month cycle.; Partner Agency Meeting. |
| **October 2026** | Housing awareness, rights, independence and moving on | Residents' Newsletter shared.; Residents' Progression Reviews.; King's Trust Job Fair. |
| **November 2026** | Financial skills, safety and preparation | Residents' Newsletter shared.; Resident of the Year nominations open.; Supporting Male Victims of Domestic Abuse Day. |
| **December 2026** | Reflection, wellbeing and planning ahead | Residents' Newsletter shared.; Residents' Progression Reviews continue.; Resident of the Month cycle continues. |
| **January 2027** | Stability, wellbeing and financial resilience | Residents' Newsletter shared.; Dry January.; Resident stability and wellbeing support through regular support sessions. |
| **February 2027** | Personal safety, healthy relationships and emotional wellbeing | Residents' Newsletter shared.; Sexual Abuse and Sexual Violence Awareness Week.; Time to Talk Day. |
| **March 2027** | Employability, job searching and lifelong learning | Residents' Newsletter shared.; Employability and Career Guidance Week.; No More Week. |
| **April 2027** | Resident voice, Charter of Rights and equality | Residents' Newsletter shared.; Stress Awareness Month.; Resident voice and feedback activity. |

# May 2026

Theme: Mental wellbeing, coping skills and everyday learning

**Main focus:** Mental wellbeing and everyday learning

## What's happening this month

| Date / timing | Activity or event |
|---|---|
| **1 May** | Residents' Newsletter shared. |
| **From 5 May** | Employability and Career Guidance Week. |
| **11 May to 10 July** | Moving-On and Independence Reviews. |
| **11 to 17 May** | Mental Health Awareness Week. |
| **19 May** | Kings Heath Jobcentre Plus Mental Health Awareness Event. |
| **May to June** | Resident of the Month cycle. |
| **During May** | Resident wellbeing booklet and staff/provider wellbeing booklet shared as part of Mental Health Awareness Week. |
| **During May** | Preparation for the Ways for Wellbeing UK CIC engagement pilot beginning mid-June. |
| **All month** | National Walking Month. |

# June 2026

Theme: Anti-social behaviour, community living and responsibilities

**Main focus:** Community living and responsibilities

## What's happening this month

| Date / timing | Activity or event |
|---|---|
| **1 June** | Residents' Newsletter shared. |
| **1 to 11 June** | Residents' Cookery Competition. |
| **10 to 14 June** | Healthy Eating Week. |
| **15 to 21 June** | Men's Health Week and Refugee Week. |
| **16 June, 10am to 1pm** | Ways for Wellbeing one-to-one session. |
| **19 to 21 June** | The Great Get Together. |
| **23 June** | Ways for Wellbeing digital inclusion support session as part of Birmingham Device Bank activity. |
| **24 June, 1pm to 4pm** | Ways for Wellbeing one-to-one session. |
| **29 June to 5 July** | ASB Awareness Week. |
| **30 June, 10am to 1pm** | Ways for Wellbeing one-to-one session. |
| **During June** | SEA Resident Health Cookery Presentation Workshop. |
| **During June** | Resident and SEA Providers' Anti-Social Behaviour Pledge. |
| **March to June** | Change Ahead CIC free SIM card support continues. |
| **All month** | Pride Month. |

# July 2026

Theme: Health, recovery and maintaining stability

**Main focus:** Health, recovery and maintaining stability

## What's happening this month

| Date / timing | Activity or event |
|---|---|
| **1 July** | Residents' Newsletter shared. |
| **1 July** | Best Resident's Room Competition entries open. |
| **4 July** | Birmingham Disability Festival participation. |
| **8 July, 10am to 1pm** | Ways for Wellbeing one-to-one session. |
| **Until 10 July** | Moving-On and Independence Reviews continue. |
| **10 July to 14 August** | Resident of the Month cycle. |
| **14 July, 10am to 1pm** | Ways for Wellbeing one-to-one session. |
| **15 July** | Partner Agency Meeting. |
| **22 July, 1pm to 4pm** | Ways for Wellbeing one-to-one session - last session. |
| **29 July** | Physical health group session - to be confirmed. |
| **During July** | Smart Works one-to-one employability and empowerment sessions for female residents. |
| **6 to 12 July** | Alcohol Awareness Week. |
| **14 July** | Day of Memory for Honour Based Abuse. |

# August 2026

Theme: Employability, job searching and lifelong learning

**Main focus:** Employment, learning and confidence

## What's happening this month

| Date / timing | Activity or event |
|---|---|
| **1 August** | Residents' Newsletter shared. |
| **Until 14 August** | Resident of the Month cycle continues. |
| **During August** | SEA topic-themed competition. |
| **During August** | Employability, job searching and lifelong learning support through regular support sessions and support planning. |
| **During August** | Training, CV and application support where residents identify employment goals. |
| **By end of August** | Pilot review report with Ways for Wellbeing completed. |

# September 2026

Theme: Wellbeing, financial awareness and life skills

**Main focus:** Wellbeing, money awareness and life skills

## What's happening this month

| Date / timing | Activity or event |
|---|---|
| **1 September** | Residents' Newsletter shared. |
| **4 September to 16 October** | Resident of the Month cycle. |
| **9 September** | Partner Agency Meeting. |
| **10 September** | World Suicide Prevention Day. |
| **From 14 September** | Employability and Career Guidance Week. |
| **18 September** | National Fitness Day. |
| **During September** | Supported Housing Starts at Home campaign. |
| **During September** | Change Ahead pilot activities conclude. |

# October 2026

Theme: Housing awareness, rights, independence and moving on

**Main focus:** Housing awareness and move-on planning

## What's happening this month

| Date / timing | Activity or event |
|---|---|
| **1 October** | Residents' Newsletter shared. |
| **5 October to 4 December** | Residents' Progression Reviews. |
| **7 October** | King's Trust Job Fair. |
| **9 October** | Promotional stall at Cranstoun Housing's World Homeless Awareness Day. |
| **10 October** | World Homeless Day and World Mental Health Day. |
| **Until 16 October** | Resident of the Month cycle continues. |
| **During October** | Residents' Cookery Competition. |
| **During October** | DWP World Mental Health Day promotional stall. |
| **During October** | DWP Domestic Abuse Awareness Month promotional stall. |
| **During October** | Support Workers' multi-agency marketplace event. |
| **During October** | Moving-on planning, housing readiness and independence support. |
| **All month** | Black History Month, Stoptober and Domestic Abuse Awareness Month. |

# November 2026

Theme: Financial skills, safety and preparation

**Main focus:** Financial skills, safety and preparation

## What's happening this month

| Date / timing | Activity or event |
|---|---|
| **1 November** | Residents' Newsletter shared. |
| **1 November** | Resident of the Year nominations open. |
| **2 November** | Supporting Male Victims of Domestic Abuse Day. |
| **2 to 6 November** | Talk Money Week. |
| **9 November to 11 December** | Resident of the Month cycle. |
| **11 to 18 November** | Inter Faith Week. |
| **Mid-November** | UK Malnutrition Awareness Week. |
| **19 November** | International Men's Day. |
| **During November** | Residents' Progression Reviews. |
| **During November** | Muath Trust Community Event. |
| **During November** | International Men's Day Wellbeing Event at King's Heath. |
| **During November** | Smart Works single-gender empowerment and wellbeing event. |
| **During November** | Residents' financial skills and planning project. |

# December 2026

Theme: Reflection, wellbeing and planning ahead

**Main focus:** Reflection, wellbeing and planning ahead

## What's happening this month

| Date / timing | Activity or event |
|---|---|
| **1 December** | Residents' Newsletter shared. |
| **Until 4 December** | Residents' Progression Reviews continue. |
| **Until 11 December** | Resident of the Month cycle continues. |
| **During December** | Partner Agency Meeting. |
| **During December** | Additional Resident of the Year Awards held alongside the annual staff awards event. |
| **During December** | SEA topic-themed competition. |
| **During December** | Reflection and planning-ahead support discussions with residents. |
| **During December** | Recognition of resident achievement and positive engagement. |

# January 2027

Theme: Stability, wellbeing and financial resilience

**Main focus:** Stability, wellbeing and financial resilience

## What's happening this month

| Date / timing | Activity or event |
|---|---|
| **1 January** | Residents' Newsletter shared. |
| **All month** | Dry January. |
| **During January** | Resident stability and wellbeing support through regular support sessions. |
| **During January** | Financial resilience theme promoted through support planning. |
| **During January** | Tenancy sustainment and risk review activity. |

# February 2027

Theme: Personal safety, healthy relationships and emotional wellbeing

**Main focus:** Personal safety and emotional wellbeing

## What's happening this month

| Date / timing | Activity or event |
|---|---|
| **1 February** | Residents' Newsletter shared. |
| **2 to 8 February** | Sexual Abuse and Sexual Violence Awareness Week. |
| **Date to be confirmed** | Time to Talk Day. |
| **During February** | Healthy relationships and personal safety awareness through resident engagement. |
| **During February** | Emotional wellbeing discussion prompts for support workers. |
| **During February** | Signposting for residents who need specialist advice or support. |

# March 2027

Theme: Employability, job searching and lifelong learning

**Main focus:** Employment, learning and financial stability

## What's happening this month

| Date / timing | Activity or event |
|---|---|
| **1 March** | Residents' Newsletter shared. |
| **From 1 March** | Employability and Career Guidance Week. |
| **2 to 8 March** | No More Week. |
| **8 March** | International Women's Day. |
| **15 to 21 March** | Debt Awareness Week. |
| **During March** | Partner Agency Meeting. |
| **During March** | International Women's Day Event. |
| **During March** | CV, job application and training support. |
| **During March** | Debt awareness and financial stability signposting through support planning. |
| **During March** | No More Week safety awareness activity. |

# April 2027

Theme: Resident voice, Charter of Rights and equality

**Main focus:** Resident voice, rights and equality

## What's happening this month

| Date / timing | Activity or event |
|---|---|
| **1 April** | Residents' Newsletter shared. |
| **All month** | Stress Awareness Month. |
| **During April** | Resident voice and feedback activity. |
| **During April** | Residents' Charter of Rights information and discussion. |
| **During April** | Equality, accessible information and inclusion-focused engagement. |
| **During April** | Stress Awareness Month wellbeing activity. |

Reminder: activities may change. Staff should confirm dates before promoting activities to residents or partners.